

Step One: Choose six volunteers, pair them up into teams of two and send them out into the hall. Determine who will be in the positive, negative and don't care group.

Step Two: Give directions to entire group

Step Three: Bring positive group in and cheer them on, use large container for tossing pennies in and allow them to try several times. They can go over the line, and can do pretty much anything.

Step Four: Bring negative group in and boo them the entire time, can only use the small container. Cannot touch the line, pretty much cant do anything.

Step Five: Bring don't care group in and ignore them the entire time, can use medium container for tossing pennies in and do not allow them to try another time.

Step Six: After each team is done, return them to the hall and tell them they cannot discuss what has happened in the room.

Step Seven: Have small groups enter door together, as the positive group enters cheer them on, as the negative group enters boo them and as the don't care group enters ignore them.

Step Eight: DEBRIEFING- Ask each team how it felt to be cheered on and so on with each group. Ask about how negative versus positive criticism helped in their motivation. Sincerity of communication and approach are key points to get across. Someone will act towards you how you approach him or her.

Step Nine: Conclude session with overall meaning: Treat others' as you would like to be treated!!

